

SZV is working to provide new online services that are easy to use for all our customers. Keep reading to find out what is new at SZV. Don't miss out! Be ready to go online with SZV.

## My insurance card is expired. When do I contact SZV?

If you are working and have an expired or soon to be expired SZV insurance card follow these steps:

- 1 Request a MySZV account on [www.szv.sx](http://www.szv.sx).
- 2 Check your insurance status in your MySZV account.
- 3 If your insurance status is (red) not valid, contact SZV for the next steps.

Always check your medical insurance status before you visit a health care provider.




**Check out our Radio Shows online!**

Go to [www.szv.sx](http://www.szv.sx) and click on SZV radio

**Tune in to these radio stations:**

102.7 FM PJD2:	Every first & last Monday at 4:00pm
98.1 FM Pearl:	Every first & last Tuesday at 6:00pm
96.3 FM Oasis:	Every first & last Wednesday 12:00pm noon
106.3 FM Inspire:	Every first Thursday at 12:00pm noon



## Digital tip: What to put in your e-mail to SZV

Think of an e-mail as a digital letter to SZV. It's an easy way for you to send us information and ask your questions. We try to reply as soon as possible, but sometimes it can take a few days.

Use [info@szv.sx](mailto:info@szv.sx) to contact SZV via e-mail.

### What to put in your e-mail:

- **Subject:** *What is the topic of your message/question?*
- **First and Last Name**
- **Date of Birth**
- **Active Telephone Number**
- **Details of your message or question**

### Example of a complete e-mail:

From           johndoe@e-mail.com  
 To               [info@szv.sx](mailto:info@szv.sx)  
 Subject        Medical Insurance

John Doe  
 25 March 1973  
 +1 721 546-6782

Hi SZV, I checked my MySZV account and it says my medical insurance status is not valid. What to do now?

Thank you.